



ASEPAC General Meeting March 2019

MEETING DATE/TIME/LOCATION:

Wednesday March 27, 2019
6:30 p.m. - 9:00 p.m.
Studley Elementary School
299 Rathbun Willard Drive
Attleboro, Ma 02703

PRESENT AT MEETING: See attached sign-in sheet

BOARD MEMBERS PRESENT:

Angela Ferreira: Chairperson
Julie Doxsey: Co-chairperson
Michelle Brouillard: Workshop Coordinator
Heather Jutras: Secretary
Becky Nunes: Treasurer

Recording secretary: Heather Jutras

6:30 p.m.-7:00 p.m.

Parents and caregivers are given the opportunity to discuss specific questions and concerns with ASEPAC board members. Due to privacy regulations these specific concerns are not recorded in the minutes.

7:00 p.m. GENERAL MEETING

Handouts:

Special Olympics flyer
Calmer Con flyer
ADHD Essentials podcast flyer
ADHD Essentials on-line parent coaching groups flyer
ADHD Essentials speaker information flyer

Angela Ferreira:

Welcome, please sign in
Introduction of the ASEPAC board
Shared a little about what the SEPAC does and how all school districts in MA are required to have one
Date and time of the MADA ceremony was shared
Special Olympic day games will be on May 3rd at the Attleboro High School track

Extended school year date and times were shared

The ASEPAC can be reached by e-mail, Facebook and phone.

The next meeting for the ASEPAC will be on May 8, 2019 at 6:30 p.m. at Studley Elementary school

Certificates of attendance are available to anyone who needs one

Introduction of presenter

Presentation:

ADHD Essentials For Parents and the Community.

Presented by: Brendan Mahan. Med., MS from ADHD Essentials

Topics Brendan Mahan covered include:

- An overview of ADHD
- A perspective change
- The wall of awful
- SHRED your ADHD
- Effective strategies

Question and Answer time

Meeting Adjourned at 9:00pm